

Referral For Psychology during COVID-19

If there is a patient who would benefit from the services of a Psychologist, the following options are available.

Medicare Options

OPTION

A

Face to face and Telehealth are available through Medicare;

- Better Access MHCP Telehealth items up to 10 sessions
- Bushfire Items Telehealth (up to 10 sessions if bushfire affected). Separate to Better Access. No referral required.
- Helping Children With Autism (4 assessment items and 20 allied health treatment sessions)
- Eating Disorder Management (40 sessions)
- Pregnancy Support Counselling (3 sessions)
- Telehealth for Rural and Remote Residents in Modified Monash Model (MMM) 4-7 classifications (10 sessions per year, use instead of Better Access)
- Chronic Disease Management Plan Mental Health Service (5 sessions with allied health)

OPTION

B

Other funding streams offering Telehealth Billing for Psychology

- Private healthcare funds
- NDIS
- DVA
- Open Arms (military personnel, veterans and their families)
- TAC
- Some Workcover if pre-approved
- Private Pay
- PHN services

Other Referral Options

NEXT STEPS

1

Find a Psychologist

Please see our find a Psychologist service for Psychologists in your area.
<https://aapi.org.au/find-a-psychologist>

STEP

2

Send referral directly to the Psychologist or provide details to the client to follow up.

Psychologist will contact the client and begin treatment, keeping you updated on how treatment is progressing, if more sessions are recommended and provide an outcome summary.

STEP

3

Treatment Completion

Psychologist will notify you of the completion of treatment, including therapeutic outcomes.