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Mental Health and Suicide Prevention 2021-2022 Budget Funding Summary

Prevention & early intervention - \$248.6m

'The Government is committing \$248.6 million to prevention and early intervention, guaranteeing Australian's access to these essential services.'

Digital mental health service:

- Creation of a digital mental health service to provide low-cost or free, high-quality services and offer greater choice. This includes transforming the existing Head to Health gateway, the continued funding of existing digital mental health services and the implementation of the National Safety and Quality Digital Mental Health Standards - \$111.2m

New/expectant parents (\$47.4m):

- Expansion of services provided by Perinatal Anxiety and Depression Australia (PANDA), to provide digital perinatal screening, identify screening gaps and provide perinatal mental health screening nationally

Alcohol & Drugs (\$74.1m):

- Funding to maintain AOD treatment services, including residential treatment services - \$16.8m

Family Violence & mental health legal support:

- Funding to the National Legal Assistance Partnership to support the early resolution of legal issues for those experiencing mental illness or domestic violence - \$77.1m

Employment:

- Funding to support employment placements and work participation for those experiencing mental health - \$5.7m

Aged Care:



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	<ul style="list-style-type: none"> • Funding for early referrals to Carer Gateway for assistance such as counselling by Aged Care Assessors to support informal carers - \$103.4m
<p>Suicide prevention - \$298.1m</p> <p><i>'the largest single mental health and suicide prevention Commonwealth investment in Australia's history.'</i></p>	<ul style="list-style-type: none"> • Delivery of aftercare services to every person following a suicide attempt after discharge from hospital and also trial the delivery of aftercare for those who may not have presented to hospital - \$158.6m • Postvention services for bereaved or otherwise impacted by suicide - \$22m • The establishment of a National Suicide Prevention Office to oversee government's suicide prevention approach - \$12.8m • National distress intervention trial established to trial direct support for those experiencing psychological distress - \$31.2m • Expansion of National Suicide Prevention Leadership & Support Program for funding of suicide prevention programs to whole of population - \$61.6m • Continued support for local suicide prevention program delivery - \$12m
<p>Treatment - \$1.4b</p> <p><i>'\$1.4 billion in high quality and person-centred treatment, which includes the development of a national network of mental health treatments centres for adults, youth and children through the Head to Health and headspace programs.'</i></p>	<ul style="list-style-type: none"> • Head to Help treatment centres – establishing 8 new centres and continued funding of 8 existing centres. Establishing 24 new satellite centres. Establishing dedicated phone support service for intake, referrals and assessment - \$487.2m • Expansion of community-based adult mental health centres in partnership with State and Territory governments • New MBS funding for Repetitive Transcranial Magnetic Stimulation (rTMS) for medication-resistant depression for people who have tried two different classes of antidepressant medications yet are still unwell - \$288.5m • Funding for participation of families and carers in the psychological treatment provided by the Better Access Scheme and for the uptake of group therapy services. Family members and carers will be able to participate in two of a patient's available Medicare subsidised sessions per year if deemed clinically appropriate- \$111.4m



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	<ul style="list-style-type: none">• Support for people with a severe psychosocial disability to access mental health services where they are not funded by the NDIS - \$171.3m• Funding under new MBS items for allied health professionals to participate in GP organised case conferences for a mutual patient \$14.2m <p>Youth Services:</p> <ul style="list-style-type: none">• Continued funding and expansion of Headspace youth mental health centres: establishing 10 new centres and upgrading 5 satellite services - \$278.6m <p>Child Services :</p> <ul style="list-style-type: none">• Establish new centres for children 0-15years through Head to Health Kids services \$54.2m <p>Eating Disorders (\$26.9m):</p> <ul style="list-style-type: none">• Continued credentialing of workforce for the delivery of services under the eating disorder MBS items• Training staff in adult mental health centres• National Eating Disorder Research Centre to be established• Continued funding for 'strive' program by Eating Disorders Families Australia <p>Education:</p> <ul style="list-style-type: none">• Parent education and support programs to build parenting strategies and help parents identify and respond to problem behaviours - \$42.3m• National guidelines to be created for inclusion of social/emotional wellbeing indicators in early childhood health checks - \$0.5m
Supporting the vulnerable - \$107m	Complex Mental Health:



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<p><i>'to support vulnerable Australians' access to effective, equitable and culturally appropriate mental health services'</i></p>	<ul style="list-style-type: none">• Improve outcomes and experiences of people with complex mental health needs (including autism and intellectual disability) – \$11.1m <p>Aboriginal & Torres Strait Islander:</p> <ul style="list-style-type: none">• Targeted interventions and initiatives to address high rates of suicide and mental health among Aboriginal and Torres Strait Islander peoples – \$79m• Establishment of regional suicide prevention network - \$23.8m <p>Multicultural communities:</p> <ul style="list-style-type: none">• Mental health and early intervention funding for migrants and multicultural communities, including people who have experienced trauma and torture and to improve the cultural competence of workforce. - \$16.9m <p>Workforce Sectors:</p> <ul style="list-style-type: none">• Targeted mental health support and early intervention for fly-in, fly-out (FIFO) and drive-in, drive-out (DIDO) workers - \$6.3m• Support for small business owners to seek support for their mental health through the Ahead for Business digital hub - \$0.9m <p>New adult & child mental health centres will be established with a focus and expertise on mental health care for vulnerable groups, including Aboriginal & Torres Strait Islanders and LGBTIQ+</p> <ul style="list-style-type: none">•
<p>Strengthening the workforce & governance arrangements - \$202m</p>	<ul style="list-style-type: none">• Increasing the size of the mental health workforce and upskilling staff, including increasing the number of nurses, psychologists and allied health practitioners - \$27.8m



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<p><i>'This will ensure it has the capacity and capability to provide quality and compassionate care to those who need it.'</i></p>	<ul style="list-style-type: none"> • Boost allied health professionals in rural and remote communities through creation of additional 90 workplace training packages under the Allied Health Rural Health Generalist Pathway (AHRGP) program - \$9.6m • Funding to boost skills and identify opportunities for those who work with children and families - \$0.3m • Funding to work with stakeholders in mental health to develop a national peak body for consumers to have greater say in the mental health system \$0.3m • Establish real time data monitoring and collection of mental health and suicide prevention systems to improve delivery of services to those in need- \$117.2m • Boost to psychiatric workforce creating 30 additional training posts, strengthening rural pathways and promotion of psychiatry career pathway - \$11m • Boost to mental health peer support workforce - \$3.1m • Increase scholarships to Aboriginal & Torres Strait Islander people to increase their representation in the mental health workforce and to deliver care that is culturally safe- \$8.3m • Funding for initiatives aimed at reducing the stigma of mental health in health practitioners and help promote mental health as a preferred career option - \$1m
<p>Strengthening Primary Care - \$1.8b</p> <p><i>'A strong, well-funded and accessible primary health system keeps people healthier and out of hospital by supporting them to manage their health issues, including chronic conditions, in the community.'</i></p>	<ul style="list-style-type: none"> • Funding for the Primary Health Networks After Hours Program to increase after-hours access for people who may not have a regular GP, such as those who are homeless, residing in aged care, people with a disability, people with a mental illness, Aboriginal & Torres Strait Islander people and women and children - \$71.9m • Extension of telehealth services until 31st December 2021 for GP, nursing, midwifery, allied health, allied mental health and specialist services - \$206.4m • There will be changes to patient cohorts previously requiring a pre-existing relationship with their doctor to access telehealth for smoking cessation, sexual & reproductive concerns, pregnancy counselling, drug & alcohol and PBS section 100 prescription medications to increase access to services.



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Covid-19 Response	<ul style="list-style-type: none">• Further investment in Beyond Blue’s Coronavirus Mental Wellbeing Support Service in addition to \$10m previously funded to ensure program accessible to public through to 31st December 2021- \$7.1m
Mental Health Research	<ul style="list-style-type: none">• Mental health research funding to Deakin University for their Mental Health Australia General Clinical Trial Network (MAGNET) to develop new treatments, approaches to mental health, leadership, strategies and access - \$11.9m• Mental health research funding to the University of Sydney’s Growing Minds Australia program to develop and improve mental health treatments for children and youth - \$11.9m